

Implementing a toileting and restorative care protocol results in better resident care, better skin outcomes, increased staff satisfaction, and added unexpected benefits ...

# **Background**

The care home partnered with a pharmaceutical company and TENA in a program to promote and restore continence, and improve skin health and dignity of the residents. The long term care homes' physician assembled a team to assist in the project including the administrator and nursing staff, and front line care staff.

## Recommended changes

- Introduction of a restorative care toileting program where all residents were reassessed by the care staff
- Staff training on toileting schedules and prompted voiding routines
- Individually selected products
- Ongoing support and training from TENA
- A 2 piece pad system was implemented for residents that were identified as able to toilet







#### Resident well-being

#### Working atmosphere

#### Budget

#### After

Improvements in:
ADL scores: 27%.
Pain scale scores: 33%.
Reactive behaviors: 13%.
Engagement scores: 27%.
Pressure ulcer risk: 40%.
Residents regained time to furt

Residents regained time to further interact in social activities.

6 residents had increased RUGs CMI scores resulting in additional funding at the home level. Less staff time was required in assisted changes as residents were toileted.

10 residents changed from heavier to light incontinence product resulting in a saving of 17–40 cents per resident/ change/day. The savings are substantial over time.

# Key benefits

Implementing individual continence care

- Increased resident dignity, skin health and quality of life
- Increased family satisfaction
- Lowered risk of skin irritations
- Improved CMI scores for the residents
- Improved continence

### **About TENA**

The TENA® brand is the worldwide leader in continence health care and incontinence management with products and services for individual consumers and for healthcare facilities in over 100 countries. With the TENA® brand, SCA is at the forefront of developing products that minimize the impact of incontinence and improve the dignity and everyday lives of people living with light, moderate or heavy incontinence.



