



# Partnership

## TENA Solutions: A case study The SeneCura group, Austria and Switzerland

“100% of staff surveyed said TENA gave residents more dignity and improved their overall well-being”

– EKG Senecura, Tyrol, Austria  
5 nursing homes, 144 residents

**TENA supports the implementation of individualized incontinence care. Positive outcomes for residents, staff, budget and the environment.**

### Background

The SeneCura group operates 83 healthcare institutions in Austria and Switzerland and is one of the leaders in innovative caregiving with its motto “Closer to people”. Its five nursing homes located in Tyrol, Austria, wanted to improve resident-oriented management of incontinence together with long-term supplier TENA. The main focus was a good night’s sleep for residents, improved staff time- management for incontinence-related procedures as well as budget aspects, such as reducing the total overall costs for incontinence.

### Recommended changes

- Based on the successful TENA Solutions concept, a detailed assessment phase of the current incontinence situation was conducted in Jan–Feb/2013. A total of five wards with 144 residents were assessed.
- SCA recommended modern incontinence products, ensuring a modified and professional selection of the various products.
- Modern 3-in-1 skincare products were introduced to replace traditional skincare with water and soap for in-between care.
- All staff were training on new products and procedures and specialized incontinence nurses received in-depth training courses.
- A detailed test phase with new products and procedures was conducted in Jan–Feb/2013 in the previous test wards.
- A comprehensive report comparing data from the Assessment and Test phases as well as staff questionnaires was presented to care group management.



	Resident well-being	Working atmosphere	Budget	Environment
<b>Before</b>	33 minutes per resident over 24 hours	Pad changes per day: 2.7 Number of leakages per day: 25	Costs for skincare & cleansing: 0.38€ Total overall costs of incontinence: 2.33€	Laundry: 0.65€
<b>After</b>	24 minutes per resident over 24 hours A saving of 9 mins per resident per day Reduction of 27%	Pad changes per day: 2.1 Reduction by 24% Number of leakages per day: 11 Reduction of 56%	Costs for skincare & cleansing: 0.24€ Reduced by 37% Total overall costs of incontinence: 1.65€ Reduction of 29%	Laundry: 0.39€ Reduction of 40%

## Key benefits

- Resident well-being considerably improved due to modified and professional selection of incontinence products. This decreased necessary changes, especially during the night.
- Time needed to change incontinence-related products was significantly reduced; the additional time was applied to nursing sequences.
- Skincare processes and products were harmonized which led to the reduction of skin-related irritations.
- Budget – a reduction in costs and consequently break-even was achieved.
- Order management clearly improved and inventory was reduced as well as permanent cost transparency and cost controlling with TENA Check were introduced.

## About TENA

The TENA® brand is the worldwide leader in continence health care and incontinence management with products and services for individual consumers and for healthcare facilities in over 100 countries. With the TENA® brand, SCA is at the forefront of developing products that minimize the impact of incontinence and improve the dignity and everyday lives of people living with light, moderate or heavy incontinence.



SCA Care of life. Because our products make life easier for you and for millions of people around the world. Because our resources and the way we work are natural parts of the global lifecycle. And because we care.

