



TENA Solutions: A case study Nursing home, Østre Toten, Norway

TENA assists in implementing an individualized care program and the results are impactful at resident care and operational levels.

Background

One ward at the nursing home was motivated and excited about trying out TENA Flex and Pants. The head nurse was informed and agreed to the test. The ward had experienced leakages and skincare problems with the residents using TENA Comfort. They had recently switched from a competitor to TENA products and found the switch difficult and inconvenient. This customer's decision to try TENA Flex and Pants was driven by the combination of more modern and flexible products with experienced service and tools.

Recommended changes

- SCA recommended moving away from traditional products to the new TENA Flex and Pants range.
- A thorough evaluation of all residents was done, to ensure every resident was using the right product.
- We instilled the value of using the right size brief and correct sizing protocols to ensure that the product is best suited for a body-close fit to the resident.

"Even relatives noticed that the odour of urine was

gone from the ward" – Anne Nora Løsnesløkken, Nurse, østre Toten Nursing Home

• TENA discussed the benefits of individualised care for each and every resident. This was followed by matching the most appropriate products to each resident.







	Resident well-being	Working atmosphere	Budget	Environment
Before	Healthy skin: 9 Sensitive: 1 Broken/damaged: 11 180 minutes per resident 24 hours	Changes by day: 3 Number of Interventions: 62	Laundry has been reduced from 42 kg to 4 kg	Waste: 11 bags
After	Healthy skin: 18 Sensitive: 1 Broken/damaged: 2 140 minutes per resident over 24 hours A saving of 40 mins of staff time every day	Changes by day: 1.9 Number of interventions: 38 A 37% reduction in changes per day	90% reduction in laundry loads	Waste: 7 bags

Key benefits

The key benefits that this home received through implementing best practices were:

- Considerably fewer leakages.
- The nursing home staff has a more positive outlook on continence care management due to increased knowledge and understanding through education provided by TENA.
- Residents are more comfortable and have fewer skin irritations.
- Possible reduction in the use of wound healing products. Difficult to measure/prove, but the carers perceive that they use fewer wound healing products.

About **TENA**

The TENA® brand is the worldwide leader in continence health care and incontinence management with products and services for individual consumers and for healthcare facilities in over 100 countries. With the TENA® brand, SCA is at the forefront of developing products that minimize the impact of incontinence and improve the dignity and everyday lives of people living with light, moderate or heavy incontinence.



SCA Care of life. Because our products make life easier for you and for millions of people around the world. Because our resources and the way we work are natural parts of the global lifecycle. And because we care.

