

TENA® SOLUTIONS: A CASE STUDY



Long Term Care Home, Canada

TENA assists in implementing an individualized continence care program. Results indicate positive outcomes at both resident care and operational levels.



BACKGROUND

The Long Term Care home is located in Canada.

This home was using a well known brand of absorbent incontinence and skincare products.

The home had a keen interest in further analyzing the following outcomes:

- Reduction in incontinence related interventions
- Reduced skin irritation
- Reduction in laundry
- Improved resident satisfaction

SITUATION

- Incontinence related tasks were time consuming
- Increased leakages (clothing and bedding) and increased laundry
- Resident skin conditions were prevalent and included dry-itchy skin
- Concerns existed over staff's perceptions around providing resident centered care

RECOMMENDED CHANGES

- Individualized resident assessments that include: measuring, sizing and correct application of TENA products
- Introduced TENA ProSkin Stretch®, TENA ProSkin® Ultra and TENA ProSkin® Super Briefs, as well as TENA Pull-ups, to address:
 - the individuality of each resident
 - improve overall skin health
 - reduction in waste and environmental impact
 - improve resident and staff satisfaction
- Ongoing Education to further develop staff skills empowering them to complete accurate assessments
- Introduction of TENA ProSkin® Cleansing Cream and TENA ProSkin® Wipes to replace existing cleansing routine
- Delivery of training at the care staff level to continue best skin care practices

WWW.TENA.CA/PROFESSIONALS





A CASE STUDY



In this particular example these results were noted over an 8-week period. We recommend for sustainable results ongoing training and education to continue improvement for continence care.

BEFORE

AFTER

 <p>RESIDENT WELL-BEING</p>	<p>Skin: Healthy – 22 Sensitive or damaged – 26</p>	<p>Skin: Healthy – 36 Sensitive or damaged – 12</p>
 <p>WORKING ATMOSPHERE</p>	<p>The average staff time spent over 24 hours on incontinence related tasks for 53 residents totaled 18 hours*</p> <p><small>*based on an estimated average time of 5 minutes per product change</small></p>	<p>The average staff time spent over 24 hours on incontinence related tasks for 53 residents totaled 14 hours Reduced by 4 hours*</p> <p><small>*based on an estimated average time of 5 minutes per product change</small></p>
 <p>BUDGET</p>	<p>Absorbent product usage – 2.0 per day Costs – \$7.52 per resident per day</p>	<p>Absorbent product usage – 1.6 per day Cost – 5.58 per resident per day Savings: \$1.94 per resident per day The total reduction in absorbent product usage was 19%</p>
 <p>ENVIRONMENT</p>	<p>Overall leakages – 88</p>	<p>Overall leakages – 36 Total reduction in leakages was 56% using TENA®</p>

Reduced skin irritation: Following the implementation of TENA Solutions; where training, education best practices and TENA products were introduced, there was a 54% reduction in the number of residents observed to have visibly damaged or reddened skin.

KEY BENEFITS

Reduction in incontinence related interventions: Following the implementation of TENA Solutions; where training, education best practices and TENA products were introduced, the staff reported spending less time on incontinence-related tasks.

Intervention related to product leakages decreased by 56%

Overall absorbent product usage decreased by 19%.

Reduction in laundry: The reduction in leakages and implementation of best practice of no longer using unnecessary soaker pads resulted in meaningfully less laundry being done by the facility.

Improved resident satisfaction: All staff and residents had the opportunity to complete a voluntary survey. The majority of responses showed there was an agreed positive impact on using the TENA continence care routine and products.

Data was collected prior to implementing TENA® Solutions and 4-weeks after implementation. Implementation of an ongoing training regime is recommended for optimal results. Data will vary from site to site and may differ from staff to staff and facility to facility. Results depend on various factors, including the facility's baseline practices.

INTERVENTIONS RELATED TO PRODUCT LEAKAGES DECREASED BY 56%. LESS LEAKAGES MEANS LESS LAUNDRY.

ABOUT TENA

With over 50 years of experience, a worldwide leader in the management of continence care and personal hygiene, providing products and services for individuals and healthcare services throughout 90 countries.

We are committed to developing products and services that minimize the impact of urine leakage on people's everyday lives.