



INTRODUCING THE TENA PROSKIN® 3-STEP SKIN HEALTH SOLUTION



EXPERT CARE FOR ELDERLY SKIN



The **TENA ProSkin®** range is specifically designed to help take care of the fragile skin of elderly individuals with incontinence.

TENA. Better care for everyone. TENAprofessionals.ca

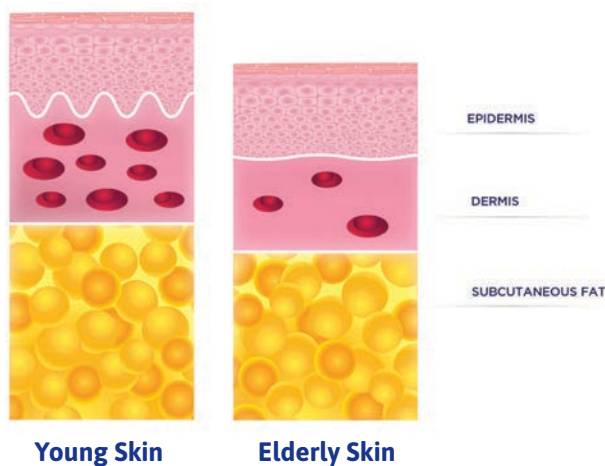
TENA PROSKIN®

– a new approach to skin health

TENA® has 50 years of experience working together with healthcare professionals, which has taught us that incontinence care and skin care are inherently linked.

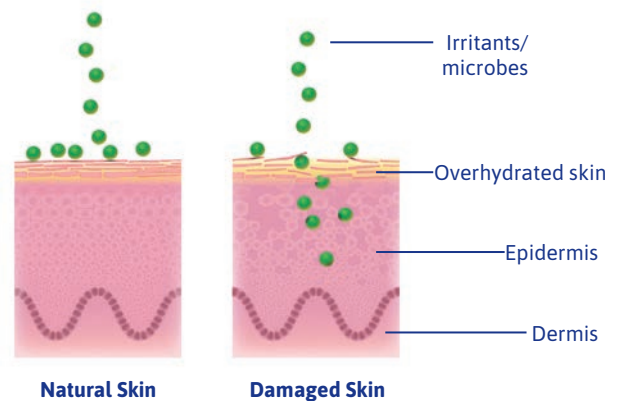
- As skin ages, it becomes thinner, more fragile and takes longer to heal
- Skin irritation can be painful, require extra resources and be costly to treat.

Elderly skin will naturally show changes and differences compared to younger skin. This is a result of the aging process and the slowing of the cell regeneration process, which happens in all tissues and organs in the body.



Managing wetness on the skin is a key factor in helping to prevent dermatitis¹

- Wet skin is weaker than dry skin which can make it more susceptible to abrasion
- Over-hydration of the skin also increases the permeability of skin to irritants from urine, feces, etc.
- Excess moisture on the skin may become a breeding ground for bacteria, sores and infection



Surface wetness is liquid on the skin or on the product surface which consists of liquid from inside the absorbent product or accumulated humidity. Either way, the effect will be overhydrated skin.

THE TENA PROSKIN® RANGE AT A GLANCE



TENA ProSkin® range of absorbent products offer Triple Protection for dryness, softness and leakage security to help manage skin wetness by reducing moisture levels on the skin.

ConfioAir® 100% Breathable

TENA ProSkin® absorbent products feature TENA ConfioAir® Fully Breathable technology – for fast absorption to keep the skin dry to help maintain skin's natural moisture balance.



TENA ProSkin® absorbent and skincare products are Dermatologically Approved by the Skin Health Alliance, a leading 3rd party international skin health organization who works closely with dermatologists and scientists to help promote healthy skin.

1. Based on a number of references such as: Gray M et al. Incontinence-associated dermatitis: a comprehensive review and update. Journal of Wound Ostomy & Continence Nursing, 2012; 39(1): 61-74. Gray M. Incontinence related skin damage: essential knowledge. Ostomy/Wound Management, 2007; 53(12): 28-32. Bliss DZ et al. Incontinence-associated skin damage in nursing home residents: a secondary analysis of a prospective, multicenter study. Ostomy Wound Manage, 2006; 52(12): 46-55.

TENA PROSKIN® 3-STEP SOLUTION

can help reduce the risk of skin issues

Helps maintain skin health

Over the years, we've learned that the three most important principles of helping to maintain skin health for those living with incontinence are: Keep it dry, Keep it clean, and Keep it protected.

Help keep skin dry, clean and protected

Following an optimal skin care routine can help lower the incidence of Incontinence Associated Dermatitis (IADs).¹ The TENA ProSkin® 3-Step Solution of absorbent and skincare products helps maintain skin health.



Step 1: Keep it dry

TENA ProSkin® absorbent products, with ConfioAir®, provide fast absorption to help reduce moisture on skin, while remaining breathable.



Step 2: Keep it clean

TENA ProSkin® Wipes – Adult-sized, pre-moistened wipes with no rinsing required. Choose between Ultra (gentle cleansing and conditioning), TENA UltraFlush® (gentle cleansing) and Classic (gentle cleansing). For effective, yet gentle cleansing of fecal residue, use with TENA ProSkin® Cleansing Cream.



Step 3: Keep it protected

TENA ProSkin® Barrier Cream replenishes and protects the skin's natural moisture barrier. Specifically designed for use on skin during incontinence care routines.



See the next page for an overview of the TENA ProSkin® product range ->

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Step 1 – Keep it dry

Product	Description
TENA ProSkin Stretch® Briefs	Fully breathable with stretch sides provides a comfortable, stay-in-place fit. The full-length hook fasteners can be changed using fastening system or pulled up and down like protective underwear for restorative care. Target absorption zone quickly wicks away moisture for optimal leakage security. Available in Ultra and Super absorbency.
TENA ProSkin® Flex Briefs	Fully breathable one-piece soft elastic belted brief provides easy and ergonomic application for a comfortable fit and leakage security. For moderate to heavy bladder and/or bowel incontinence. Available in Super and Maxi absorbency.
TENA ProSkin® Briefs	Fully breathable one piece briefs with secure protection and a trim fit. Absorbency range promotes individualized care, supporting moderate to maximum bladder and/or bowel incontinence protection needs. Available in Ultra and Super absorbency.
TENA ProSkin® Gender Specific Underwear	Fully breathable designed to look like real underwear. Provides a body-close comfortable fit for leakage security. Available in attractive colours for Men and Women.
TENA ProSkin® Protective Underwear	Fully breathable designed to look like regular underwear, products pull up and down for ease of application. Unisex styles for both men and women, featuring full coverage and extra security. Available in Classic, Plus and Extra absorbency.
TENA ProSkin Overnight™ Protective Underwear	Our highest absorbency, fully breathable protective underwear, with lie-down protection for all night comfort, as well as for heavier daytime use.
TENA ProSkin® 2-Piece Pad & Pant System	Fully breathable pads designed for medium to heavy bladder and/or bowel incontinence protection. The 2-Piece system helps provide a more discreet, body-close fit when worn with TENA® Comfort Pants.
TENA ProSkin® Light Pads	Fully breathable pads specially designed for women. Available in different lengths and absorbency levels so you can feel dry and confident. Go about your life without worrying about those unpredictable urine leaks.

Step 2 – Keep it clean

Product	Description
TENA ProSkin® Wipes	Adult-sized, pre-moistened wipes with no rinsing required. Choose between Ultra (gentle cleansing and conditioning), TENA UltraFlush® (gentle cleansing) and Classic (gentle cleansing).
TENA ProSkin® Cleansing Cream	Wash cream for effective cleansing of hard to clean areas. Convenient no-rinse formula.

Step 3 – Keep it protected

Product	Description
TENA ProSkin® Barrier Cream	Replenishes and protects the skin's natural moisture barrier. Specifically designed for use on skin during incontinence care routines.

Body Hygiene

Product	Description
TENA ProSkin® Body Wash & Shampoo	A mild, dual-purpose cleansing gel and conditioning shampoo designed for elderly, fragile skin and hair.
TENA ProSkin® Bathing Glove	Soft, pre-moistened wash gloves that provide comfort and convenience for daily body cleansing as an alternative to soap and water.
TENA ProSkin® Body Cream	Rich, nourishing formula containing natural oils*, vitamin E*, and panthenol helps to leave extra dry and sensitive skin feeling soft and supple.

* Natural oils (canola, zea mays) and Vitamin E (tocopherol)

For more information about TENA ProSkin®, call your TENA® Representative or contact us:

1.800.510.8023 | www.tenaprofessionals.ca



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