

# EMY by TENA - THE CONNECTED KEGEL TRAINER

PERSONALISED PELVIC FLOOR TRAINING AT HOME WITH A MEDICAL BIOFEEDBACK-DEVICE CONNECTED TO A FUN MOBILE APPLICATION

## Train the pelvic floor – stop urinary leaks!

**Problem:** 1 out of 10 women suffer from urinary leaks worldwide, rendering women's urinary incontinence one of the biggest public health problems all over the world.

Strengthening the pelvic floor is essential for better bladder control, faster post-natal recovery, it may reduce urinary leaks and incontinence and improve the intimate well-being.

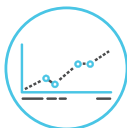
**Solution:** Emy offers a fun and motivating training based on therapeutic protocols with a personal follow up. It combines the safety of a medical device with a user-friendly mobile application to ensure long-term results. Developed with and recommended by healthcare professionals!

**Innovation:** Emy is a unique biofeedback-device with patented highly-sensitive 360° detection sensors that detect slightest muscle contractions. This technology enables women to gain awareness of their pelvic floor muscles and to train them actively. Muscle contractions are detected by the Emy device and visualised in real-time on the smartphone or tablet. Intelligent algorithms adapt the exercises to the individual progress of each user and allow personal follow-up. This smart technology together with a large choice of fun exercises highly stimulates user's motivation and engagement. Most women notice distinctive improvements of their symptoms within only 3 weeks!

### CHARACTERISTICS



Easy, fun and efficient training at home



Follow personal progress over time



Highly sensitive biofeedback technology



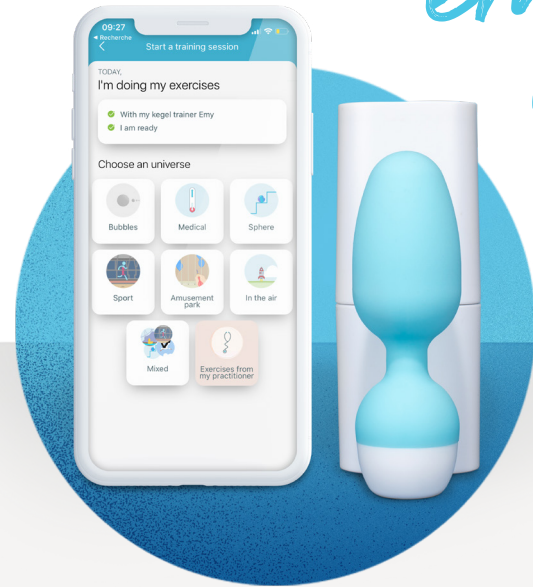
Certified medical Kegel exercises



Customised training protocols from healthcare professionals (optional)



Highest medical quality standards



Post-natal recovery



Increase bladder control



Avoid prolapse



Improve intimate well-being

### TECHNICAL SPECIFICATIONS



Rechargeable long-lasting device



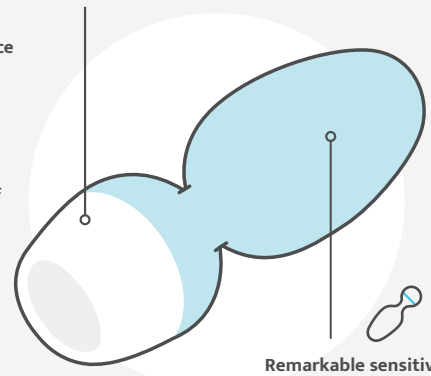
100% waterproof  
Easy to clean for hygienic use



Charging & storage box  
Transportable and easy to maintain



Bluetooth Low Energy (BLE)  
Approved for medical use



Remarkable sensitivity  
Highly sensitive 360° detection capacity

**SIZE:** 105x34mm **WEIGHT:** 55g

**TECHNOLOGY:** Patented biofeedback

**CONNECTIVITY:** Bluetooth Low Energy (BLE)

**MATERIALS:** 100% biocompatible medical gradematerials (USP class VI) and soft-touch silicone

**WATERPROOF:** Easy to clean with water and soap

**CHARGING SYSTEM:** Induction charging box

**SECURITY:** CE- certified class I medical device

**DATA PROTECTION:** In respect of GDPR. User's data stored only on the personal smartphone

**CLINICALLY VALIDATED:** Clinical trial to be published in 2021



Compatible with Android 5+ et iOS 11+

Address of the manufacturer

Fizimed SAS, 8 Rue Gustave Adolphe Hirn, 67000 Strasbourg, FRANCE

