



Partnership

TENA Solutions: A case study Nursing home, Wadersloh, Germany

“Skin cleaning and care were significantly improved. Furthermore, there are fewer wet beds.”

– St. Josef, Wadersloh, Germany,
Nursing Home

**TENA supports the implementation of individualized incontinence care.
Positive outcomes for residents, staff, budget and the environment.**

Background

The manager of the nursing home saw an urgent need to change the incontinence care provider due to frequent budget overruns for incontinence care costs. Furthermore, there was overall dissatisfaction with the old products. These facts motivated the manager of the nursing home to implement a test with TENA.

Recommended changes

- SCA recommended modern incontinence care with up-to-date products. Moving away from the classical 2-piece pads and classic Briefs to a modern incontinence care with TENA Flex and TENA Pants.
- Fewer leakages from these up-to-date products helped reduce laundry.
- Modern 3-in-1 skincare products should replace traditional skin care with soap and water. This procedure not only saves time and material but also contributes to a healthier skin. What's more, the products have a pleasant smell and additional skin cream is often unnecessary.
- Besides these product changes, SCA helped optimize the stock saving time for other duties.
- Continuous communication between SCA staff and the staff on the different shifts about the new products for the residents is key to providing the best and up-to date incontinence care.
- The usage of TENA Check as a combined incontinence documentation and product order tool was recommended to save time and therefore costs.



	Resident well-being	Working atmosphere	Budget	Environment
Before	12.6 minutes per resident over 24 hours.	Changes by day: 4.1 Change by night: 1.1 Number of Interventions: 5.2	High costs for laundry and waste plus product costs and staff time.	Leakage day: 8.5 High production of laundry.
After	7.39 minutes per resident over 24 hours. A saving of 41.3% of staff time every day.	Changes by day: 2.4 Change by night: 0.9 Number of Interventions: 3.5. A 33% time saving	60.5% less laundry, 22.6 % less waste and 12% lower product costs mean savings in products and staff time.	Leakage day: 5 Fewer leakages meant 60.5% less laundry.

*Time saving was seen as less important due to focus on resident well-being.

Key benefits

The key benefits this nursing home achieved with TENA Solutions were:

- Better resident well-being thanks to fewer interruptions for product changes both during the night and day. Fewer interruptions at night also mean better sleep for the residents.
- Fewer product changes also lead to less waste and lower workload for the staff. This extra time can now be used for other activities such as spending quality time with the residents.
- The right products lead to fewer leakages and thereby lower costs for laundry and less work for the staff.
- Residents with Huntington's chorea are usually hard to take care of but with the new products it was considerably easier.

About TENA

The TENA® brand is the worldwide leader in continence health care and incontinence management with products and services for individual consumers and for healthcare facilities in over 100 countries. With the TENA® brand, SCA is at the forefront of developing products that minimize the impact of incontinence and improve the dignity and everyday lives of people living with light, moderate or heavy incontinence.



SCA Care of life. Because our products make life easier for you and for millions of people around the world. Because our resources and the way we work are natural parts of the global lifecycle. And because we care.

